



**Missouri State Society
Daughters of the American
Revolution**

PATRIOT OF THE MONTH

Helen M. Winston Cunningham (USMC)

Helen joined the Marine Corps in 1954. After completing officer training at Quantico, VA, First Lt. Winston served as a Dispersing Officer at Headquarters Battalion at Camp Pendleton, CA. She received the National Defense Service Medal and was recommended for reenlistment in 1956, but decided instead to become a school teacher.

She taught elementary school and college level English in Utah, Kansas, and Virginia. The last fifteen years of her career, she was the school librarian at Odessa, Missouri. She retired in 1992 after 32 years of teaching, but continued to teach part-time at Mayview, Missouri, for more than five years.

Helen married David Bell and they had three children. Her second marriage to Robert Cunningham added three stepchildren. She has 23 grandchildren and 9 great-grandchildren.



She volunteers at the Veterans Home in Warrensburg, works with the Adult Literacy Program, and is active in Veterans Affairs. She also enjoys quilting and caring for her ten acres. The Gilead Rupe Chapter is pleased to nominate Helen M. Winston Cunningham as the MSSDAR's Patriot of the Month.

Joan Cole, Chapter Regent
Gilead Rupe, MSSDAR

March, 2005