

Missouri State Society Daughters of the American Revolution Proudly Honors



Patriot of the Month

December 2020



Elizabeth “Liz” Harmon

United States Army

Sponsored by:
Prairie
Chapter

Upon graduating high school, Elizabeth “Liz” Harmon served as a volunteer with the fire department, worked as a paramedic, and with the American Medical Response team.

She signed her paperwork to join the United States Army on Memorial Day, 2002. Both her father and grandfather served in the United States Air Force. The tragedy of 911 instilled in her the need to also serve.

Liz attended basic training at Fort Jackson, South Carolina. She was stationed in Pensacola, Florida for advanced training in “signal collection” where she graduated with honors. Her permanent duty station was in Fort Gordon, Georgia. In 2004 she deployed to Camp Doha in Kuwait for six months as a non-commissioned officer in charge (NCOIC) for a signal collection system. In 2007 she deployed to Afghanistan with her battalion for one year serving as a NCOIC for an aerial collection system that was performed out of a BlackHawk. Liz returned to Fort Gordon at the end of 2007 to complete her service in the fall of 2008. Liz was honorably discharged as a Staff Sergeant.

She earned numerous ribbons and medals including: Air Medal, Army Achievement Medal (2nd award), Army Good Conduct Medal, Afghanistan Campaign Medal, Global War on Terrorism Expeditionary Medal, Global War on Terrorism Service Medal, Non Commissioned Officer Professional Development Ribbon, Army Service Ribbon, and NATO Medal.

After her military service she worked for CACI for 14 months in Bagram, Afghanistan continuing the mission she left as a soldier in 2007. She was in charge of conducting major aerial collection platform missions that were near “real time.” She worked with different branches of the military including those from other countries.

Following her military and civilian service working, Liz earned her professional massage license and practiced for seven years. CranioSacral Therapy was her main modality that she still practices for her family and pets. Liz worked at Summit Pet Care providing incredible care for the pets entrusted to them. Her mentorship of young people has been invaluable. Liz is moving on to be a full-time caregiver for her 23 year old stepson of special needs. She has been married to her husband Jason for 10 years. She has a stepdaughter as well as her stepson. They have a blended family, with two dogs, and a cat.

A thought Liz shares with us, “Liberty is about the right to question everything.”

Prairie Daughters are proud of Elizabeth Harmon and are honored to recognize her as Patriot of the Month for her dedicated patriotic service to his community and our great nation.

