

Missouri State Society Daughters of the American Revolution

Proudly Honors

Patriot of the Month

July 2023



Todd Cowan

United States Army

Sponsored by:
Columbian Chapter, NSDAR

Todd Cowan served as an Administrative Specialist in the US Army from October 1982 until he was medically retired for an optic nerve condition in November 1988. After basic training at Fort Jackson, SC he was stationed at Fort Riley, KS for 3 ½ years where he met and married his wife, Anita. Todd was then stationed in Heidelberg, Germany for 2 years. He received the Meritorious Service Medal, Army Commendation Medal, and Army Achievement Medal during his time in service.



While he was stationed in Germany, he and Anita were able to travel around the country and he was always amazed by being in buildings that were built before America was even discovered.

Retiring from the US Army due to an optic nerve condition was challenging. A piece of advice he was given was that the fastest way to recover is to stop focusing on what he CAN'T do and start figuring out what he CAN do. Using that advice, he has come far in his personal and professional life.

Todd serves as the Athletic Director for the local chapter of Team Red, White and Blue, a veterans non-profit organization whose mission is to enrich the lives of American Veterans by connecting them to their communities through physical and social activities.

Todd has been employed by the VA for 19 years. His current position is Supervisory Accountant in Financial Management at the Truman VA in Columbia. He has two awesome adult children, Derrick and Taylor. His wife of 37 years, Anita, shares a very unique story in that she was adopted from an orphanage in England by American parents and just recently connected with three sisters that she never knew she had.

Throughout his life, Todd has been an example of patriotism, courage and overcoming difficulties. When his visual impairment ended his US Army career he devoted his life to serving veterans through his job at the VA, many times going above and beyond to make sure veterans' needs have been met.